

Creation Date 12-Sep-2014

Revision Date 27-Sep-2023

Revision Number 7

SECTION 1: IDENTIFICATION OF THE SUBSTANCE/MIXTURE AND OF THE COMPANY/UNDERTAKING

1.1. Product identifier

Product Description:	<u>Creatine monohydrate</u>
Cat No. :	226790000, 226790250, 226791000, 226792500
Synonyms	N-Amidinosarcosine
CAS No	6020-87-7
Molecular Formula	C ₄ H ₉ N ₃ O ₂ . H ₂ O

1.2. Relevant identified uses of the substance or mixture and uses advised against

Recommended Use	Laboratory chemicals.
Uses advised against	No Information available

1.3. Details of the supplier of the safety data sheet

Company

UK entity/business name
Fisher Scientific UK
Bishop Meadow Road,
Loughborough, Leicestershire LE11 5RG, United Kingdom

EU entity/business name
Thermo Fisher Scientific
Janssen Pharmaceuticaaan 3a, 2440 Geel, Belgium

E-mail address begel.sdsdesk@thermofisher.com

1.4. Emergency telephone number

For information **US** call: 001-800-227-6701 / **Europe** call: +32 14 57 52 11
Emergency Number **US**:001-201-796-7100 / **Europe**: +32 14 57 52 99
CHEMTREC Tel. No. **US**:001-800-424-9300 / **Europe**:001-703-527-3887

SECTION 2: HAZARDS IDENTIFICATION

2.1. Classification of the substance or mixture

CLP Classification - According to GB-CLP Regulations UK SI 2019/720 and UK SI 2020/1567

Physical hazards

Based on available data, the classification criteria are not met

Health hazards

Based on available data, the classification criteria are not met

SAFETY DATA SHEET

Creatine monohydrate

Revision Date 27-Sep-2023

Environmental hazards

Based on available data, the classification criteria are not met

Full text of Hazard Statements: see section 16

2.2. Label elements

None required

2.3. Other hazards

This product does not contain any known or suspected endocrine disruptors

SECTION 3: COMPOSITION/INFORMATION ON INGREDIENTS

3.1. Substances

Component	CAS No	EC No	Weight %	CLP Classification - According to GB-CLP Regulations UK SI 2019/720 and UK SI 2020/1567
Glycine, N-(aminoiminomethyl)-N-methyl-, monohydrate	6020-87-7		>95	-

Full text of Hazard Statements: see section 16

SECTION 4: FIRST AID MEASURES

4.1. Description of first aid measures

General Advice	If symptoms persist, call a physician.
Eye Contact	Rinse immediately with plenty of water, also under the eyelids, for at least 15 minutes. Get medical attention.
Skin Contact	Wash off immediately with plenty of water for at least 15 minutes. If skin irritation persists, call a physician.
Ingestion	Clean mouth with water and drink afterwards plenty of water. Get medical attention if symptoms occur.
Inhalation	Remove to fresh air. If not breathing, give artificial respiration. Get medical attention if symptoms occur.

SAFETY DATA SHEET

Creatine monohydrate

Revision Date 27-Sep-2023

Self-Protection of the First Aider No special precautions required.

4.2. Most important symptoms and effects, both acute and delayed

None reasonably foreseeable.

4.3. Indication of any immediate medical attention and special treatment needed

Notes to Physician Treat symptomatically.

SECTION 5: FIREFIGHTING MEASURES

5.1. Extinguishing media

Suitable Extinguishing Media

Water spray, carbon dioxide (CO₂), dry chemical, alcohol-resistant foam.

Extinguishing media which must not be used for safety reasons

No information available.

5.2. Special hazards arising from the substance or mixture

Thermal decomposition can lead to release of irritating gases and vapors.

Hazardous Combustion Products

Nitrogen oxides (NO_x), Carbon monoxide (CO), Carbon dioxide (CO₂).

5.3. Advice for firefighters

As in any fire, wear self-contained breathing apparatus pressure-demand, MSHA/NIOSH (approved or equivalent) and full protective gear.

SECTION 6: ACCIDENTAL RELEASE MEASURES

6.1. Personal precautions, protective equipment and emergency procedures

Use personal protective equipment as required. Ensure adequate ventilation. Avoid dust formation.

6.2. Environmental precautions

Should not be released into the environment.

6.3. Methods and material for containment and cleaning up

Sweep up and shovel into suitable containers for disposal. Keep in suitable, closed containers for disposal.

6.4. Reference to other sections

Refer to protective measures listed in Sections 8 and 13.

SECTION 7: HANDLING AND STORAGE

7.1. Precautions for safe handling

Wear personal protective equipment/face protection. Ensure adequate ventilation. Avoid ingestion and inhalation. Avoid dust

SAFETY DATA SHEET

Creatine monohydrate

Revision Date 27-Sep-2023

formation. Do not get in eyes, on skin, or on clothing.

Hygiene Measures

Handle in accordance with good industrial hygiene and safety practice.

7.2. Conditions for safe storage, including any incompatibilities

Keep containers tightly closed in a dry, cool and well-ventilated place.

Technical Rules for Hazardous Substances (TRGS) 510 Class 11
Storage Class (LGK) (Germany)

7.3. Specific end use(s)

Use in laboratories

SECTION 8: EXPOSURE CONTROLS/PERSONAL PROTECTION

8.1. Control parameters

Exposure limits

This product, as supplied, does not contain any hazardous materials with occupational exposure limits established by the region specific regulatory bodies

Biological limit values

This product, as supplied, does not contain any hazardous materials with biological limits established by the region specific regulatory bodies

Derived No Effect Level (DNEL) / Derived Minimum Effect Level (DMEL)

No information available

Predicted No Effect Concentration (PNEC)

No information available.

8.2. Exposure controls

Engineering Measures

None under normal use conditions.

Personal protective equipment

Eye Protection

Wear safety glasses with side shields (or goggles) (European standard - EN 166)

Hand Protection

Protective gloves

Glove material	Breakthrough time	Glove thickness	EU standard	Glove comments
Nitrile rubber	See manufacturers		EN 374	(minimum requirement)
Neoprene	recommendations			

SAFETY DATA SHEET

Creatine monohydrate

Revision Date 27-Sep-2023

Natural rubber
PVC

-

Skin and body protection

Long sleeved clothing.

Inspect gloves before use.

Please observe the instructions regarding permeability and breakthrough time which are provided by the supplier of the gloves.
(Refer to manufacturer/supplier for information)

Ensure gloves are suitable for the task: Chemical compatibility, Dexterity, Operational conditions, User susceptibility, e.g. sensitisation effects, also take into consideration the specific local conditions under which the product is used, such as the danger of cuts, abrasion.

Remove gloves with care avoiding skin contamination.

Respiratory Protection

No protective equipment is needed under normal use conditions.

Large scale/emergency use

Use a NIOSH/MSHA or European Standard EN 136 approved respirator if exposure limits are exceeded or if irritation or other symptoms are experienced

Recommended Filter type: Particle filter

Small scale/Laboratory use

Maintain adequate ventilation

Environmental exposure controls

No information available.

SECTION 9: PHYSICAL AND CHEMICAL PROPERTIES

9.1. Information on basic physical and chemical properties

Physical State	Powder Solid	
Appearance	Off-white	
Odor	No information available	
Odor Threshold	No data available	
Melting Point/Range	292 °C / 557.6 °F	
Softening Point	No data available	
Boiling Point/Range	No information available	
Flammability (liquid)	Not applicable	Solid
Flammability (solid,gas)	No information available	
Explosion Limits	No data available	
Flash Point	No information available	Method - No information available
Autoignition Temperature	Not applicable	
Decomposition Temperature	No data available	
pH	No information available	
Viscosity	Not applicable	Solid
Water Solubility	13 g/L (20°C)	
Solubility in other solvents	No information available	
Partition Coefficient (n-octanol/water)		
Vapor Pressure	No data available	
Density / Specific Gravity	No data available	
Bulk Density	No data available	
Vapor Density	Not applicable	Solid
Particle characteristics	No data available	

9.2. Other information

Molecular Formula	C4 H9 N3 O2 . H2 O
Molecular Weight	149.15
Evaporation Rate	Not applicable - Solid

SAFETY DATA SHEET

Creatine monohydrate

Revision Date 27-Sep-2023

SECTION 10: STABILITY AND REACTIVITY

10.1. Reactivity

None known, based on information available

10.2. Chemical stability

Stable under recommended storage conditions.

10.3. Possibility of hazardous reactions

Hazardous Polymerization
Hazardous Reactions

No information available.
None under normal processing.

10.4. Conditions to avoid

Incompatible products. Excess heat. Avoid dust formation.

10.5. Incompatible materials

Strong oxidizing agents. Strong acids. Strong bases.

10.6. Hazardous decomposition products

Nitrogen oxides (NOx). Carbon monoxide (CO). Carbon dioxide (CO₂).

SECTION 11: TOXICOLOGICAL INFORMATION

11.1. Information on hazard classes as defined in Regulation (EC) No 1272/2008

Product Information

No acute toxicity information is available for this product

(a) acute toxicity;

Oral

No data available

Dermal

No data available

Inhalation

No data available

(b) skin corrosion/irritation;

No data available

(c) serious eye damage/irritation;

No data available

(d) respiratory or skin sensitization;

Respiratory

No data available

Skin

No data available

(e) germ cell mutagenicity;

No data available

(f) carcinogenicity;

No data available

There are no known carcinogenic chemicals in this product

(g) reproductive toxicity;

No data available

(h) STOT-single exposure;

No data available

SAFETY DATA SHEET

Creatine monohydrate

Revision Date 27-Sep-2023

(i) STOT-repeated exposure;	No data available
Target Organs	No information available.
(j) aspiration hazard;	Not applicable Solid
Other Adverse Effects	The toxicological properties have not been fully investigated.
Symptoms / effects, both acute and delayed	No information available.

11.2. Information on other hazards

Endocrine Disrupting Properties	Assess endocrine disrupting properties for human health. This product does not contain any known or suspected endocrine disruptors.
---------------------------------	---

SECTION 12: ECOLOGICAL INFORMATION

12.1. Toxicity

Ecotoxicity effects	Do not empty into drains. .
---------------------	-----------------------------

12.2. Persistence and degradability

Persistence	Soluble in water, Persistence is unlikely, based on information available.
-------------	--

<u>12.3. Bioaccumulative potential</u>	Bioaccumulation is unlikely
--	-----------------------------

12.4. Mobility in soil

The product is water soluble, and may spread in water systems Will likely be mobile in the environment due to its water solubility. Highly mobile in soils

12.5. Results of PBT and vPvB assessment

No data available for assessment.

12.6. Endocrine disrupting properties

Endocrine Disruptor Information	This product does not contain any known or suspected endocrine disruptors
---------------------------------	---

12.7. Other adverse effects Persistent Organic Pollutant Ozone Depletion Potential

This product does not contain any known or suspected substance
This product does not contain any known or suspected substance

SECTION 13: DISPOSAL CONSIDERATIONS

13.1. Waste treatment methods

Waste from Residues/Unused	Chemical waste generators must determine whether a discarded chemical is classified as a
----------------------------	--

SAFETY DATA SHEET

Creatine monohydrate

Revision Date 27-Sep-2023

Products	hazardous waste. Consult local, regional, and national hazardous waste regulations to ensure complete and accurate classification.
Contaminated Packaging	Empty remaining contents. Dispose of in accordance with local regulations. Do not re-use empty containers.
European Waste Catalogue (EWC)	According to the European Waste Catalog, Waste Codes are not product specific, but application specific.
Other Information	Waste codes should be assigned by the user based on the application for which the product was used.

SECTION 14: TRANSPORT INFORMATION

IMDG/IMO Not regulated

14.1. UN number
14.2. UN proper shipping name
14.3. Transport hazard class(es)
14.4. Packing group

ADR Not regulated

14.1. UN number
14.2. UN proper shipping name
14.3. Transport hazard class(es)
14.4. Packing group

IATA Not regulated

14.1. UN number
14.2. UN proper shipping name
14.3. Transport hazard class(es)
14.4. Packing group

14.5. Environmental hazards No hazards identified

14.6. Special precautions for user No special precautions required.

14.7. Maritime transport in bulk according to IMO instruments Not applicable, packaged goods

SECTION 15: REGULATORY INFORMATION

15.1. Safety, health and environmental regulations/legislation specific for the substance or mixture

International Inventories

Europe (EINECS/ELINCS/NLP), China (IECSC), Taiwan (TCSI), Korea (KECL), Japan (ENCS), Japan (ISHL), Canada (DSL/NDSL), Australia (AICS), New Zealand (NZIoC), Philippines (PICCS). US EPA (TSCA) - Toxic Substances Control Act, (40 CFR Part 710)

Component	CAS No	EINECS	ELINCS	NLP	IECSC	TCSI	KECL	ENCS	ISHL
Glycine, N-(aminoiminomethyl)-N-methyl-, monohydrate	6020-87-7	-	-	-	X	X	-	-	-

SAFETY DATA SHEET

Creatine monohydrate

Revision Date 27-Sep-2023

Component	CAS No	TSCA	TSCA Inventory notification - Active-Inactive	DSL	NDSL	AICS	NZIoC	PICCS
Glycine, N-(aminoiminomethyl)-N-methyl-, monohydrate	6020-87-7	-	-	-	-	X	X	X

Legend: X - Listed '-' - Not Listed

KECL - NIER number or KE number (<http://ncis.nier.go.kr/en/main.do>)

Authorisation/Restrictions according to EU REACH

Not applicable

Component	CAS No	REACH (1907/2006) - Annex XIV - Substances Subject to Authorization	REACH (1907/2006) - Annex XVII - Restrictions on Certain Dangerous Substances	REACH Regulation (EC 1907/2006) article 59 - Candidate List of Substances of Very High Concern (SVHC)
Glycine, N-(aminoiminomethyl)-N-methyl-, monohydrate	6020-87-7	-	-	-

Seveso III Directive (2012/18/EC)

Component	CAS No	Seveso III Directive (2012/18/EC) - Qualifying Quantities for Major Accident Notification	Seveso III Directive (2012/18/EC) - Qualifying Quantities for Safety Report Requirements
Glycine, N-(aminoiminomethyl)-N-methyl-, monohydrate	6020-87-7	Not applicable	Not applicable

Regulation (EC) No 649/2012 of the European Parliament and of the Council of 4 July 2012 concerning the export and import of dangerous chemicals

Not applicable

Contains component(s) that meet a 'definition' of per & poly fluoroalkyl substance (PFAS)?

Not applicable

Take note of Directive 98/24/EC on the protection of the health and safety of workers from the risks related to chemical agents at work .

National Regulations

UK - Take note of Control of Substances Hazardous to Health Regulations (COSHH) 2002 and 2005 Amendment

WGK Classification

See table for values

Component	Germany - Water Classification (AwSV)	Germany - TA-Luft Class
Glycine, N-(aminoiminomethyl)-N-methyl-, monohydrate	WGK1	

15.2. Chemical safety assessment

ACR22679

SAFETY DATA SHEET

Creatine monohydrate

Revision Date 27-Sep-2023

A Chemical Safety Assessment/Report (CSA/CSR) has not been conducted

SECTION 16: OTHER INFORMATION

Full text of H-Statements referred to under sections 2 and 3

Legend

CAS - Chemical Abstracts Service

EINECS/ELINCS - European Inventory of Existing Commercial Chemical Substances/EU List of Notified Chemical Substances

PICCS - Philippines Inventory of Chemicals and Chemical Substances

IECSC - Chinese Inventory of Existing Chemical Substances

KECL - Korean Existing and Evaluated Chemical Substances

TSCA - United States Toxic Substances Control Act Section 8(b) Inventory

DSL/NDL - Canadian Domestic Substances List/Non-Domestic Substances List

ENCS - Japanese Existing and New Chemical Substances

AICS - Australian Inventory of Chemical Substances

NZIoC - New Zealand Inventory of Chemicals

WEL - Workplace Exposure Limit

ACGIH - American Conference of Governmental Industrial Hygienists

DNEL - Derived No Effect Level

RPE - Respiratory Protective Equipment

LC50 - Lethal Concentration 50%

NOEC - No Observed Effect Concentration

PBT - Persistent, Bioaccumulative, Toxic

TWA - Time Weighted Average

IARC - International Agency for Research on Cancer Predicted No Effect Concentration (PNEC)

LD50 - Lethal Dose 50%

EC50 - Effective Concentration 50%

POW - Partition coefficient Octanol:Water

vPvB - very Persistent, very Bioaccumulative

ADR - European Agreement Concerning the International Carriage of Dangerous Goods by Road

IMO/IMDG - International Maritime Organization/International Maritime Dangerous Goods Code

OECD - Organisation for Economic Co-operation and Development

BCF - Bioconcentration factor

Key literature references and sources for data

<https://echa.europa.eu/information-on-chemicals>

Suppliers safety data sheet, Chemadvisor - LOLI, Merck index, RTECS

ICAO/IATA - International Civil Aviation Organization/International Air Transport Association

MARPOL - International Convention for the Prevention of Pollution from Ships

ATE - Acute Toxicity Estimate

VOC - (Volatile Organic Compound)

Training Advice

Chemical hazard awareness training, incorporating labelling, Safety Data Sheets (SDS), Personal Protective Equipment (PPE) and hygiene.

Creation Date 12-Sep-2014
Revision Date 27-Sep-2023
Revision Summary Not applicable.

This safety data sheet complies with Regulation UK SI 2019/758 and UK SI 2020/1577 as amended.

Disclaimer

The information provided in this Safety Data Sheet is correct to the best of our knowledge, information and belief at the date of its publication. The information given is designed only as a guidance for safe handling, use, processing, storage, transportation, disposal and release and is not to be considered a warranty or quality specification. The information relates only to the specific material designated and may not be valid for such material used in combination with any other materials or in any process, unless specified in the text

End of Safety Data Sheet