



# Fitting guide

## 4500 Series

Disposable respirators are only effective when there is a good seal between the respirator and your face. As soon as this seal is broken protection is compromised as contaminants can ingress through any gaps.

These fitting instructions must be followed each time a Skytec™ 4500 Series is worn.

Respirators should not be worn with any form of stubble or beard as these can prevent a good seal to the face.

### Nose clip

Using both hands mould the nose clip to the shape of the nose. If you use one finger either side and pinch this could result in an ineffective seal, please avoid this method.

### Respirator Valve

Should be correctly positioned on the face using the graspable valve and/or by adjusting the top and bottom panels.

### Upper harness

to be positioned over the ears, on the crown

### Lower harness

to be positioned under the ears, on the base of the hairline



### User seal check:

Cup the exhalation valve at the front of the respirator, if a non-valved version, please cup the outer panel where the exhalation valve would be located.

1. Breathe in deeply
2. Breath out sharply
3. Continue this a few times

If you can feel air around the eyes, the seal is not effective. Adjust the respirator, by modifying the straps, and if required, re-mould the nose, ensuring all panels are flat against the face. Repeat the user seal check until no air escapes.



- 1** Remove the mask from the outer packaging, making sure the straps, exhalation valve and nose film, and filter media are in good condition.



- 2** Hold the mask reverse side up, with the nose clip at the top. Separate the top and bottom panel. Continue pulling the top panel until the nose clips creates a curvature, and the respirator creates a cup shape. Ensure both top and bottom are fully opened.



- 3** Place both the top and bottom strap on the top outer panel, in line with the nose clip.



- 5** Using a mirror, take the bottom strap and place this over your head to the bottom of the hair line. Then take the top strap and place it at the crown of your head. Ensure the straps are not twisted and sitting in the correct places (top = crown of head, bottom = bottom of the hair line).



- 6** Check the top and bottom panels on the respirator are correctly fitted and comfortable, with nothing folded.



- 7** Using both hands mould the nose clip to the shape of the nose. If you use one finger either side and pinch this could result in an ineffective seal, please avoid this method.



- 4** Place one finger on either side of the mask, and put the respirator to the face in line with the nose and chin line.



- 8** Once fully fitted, a user seal check should be performed before entering the workspace or hazardous area.